



# Objectives and expected outcomes

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Stakeholders Consultation on Adolescent Girls' Nutrition: Evidence, Guidance, and Gaps

October 30–31, 2017



# Objectives of the Meeting

1. To present the WHO recommendations that address adolescent girls' nutrition;
2. To present the findings of the report on the Diet and Eating Practices among Adolescent Girls in Low- and Middle-Income Countries: A Systematic Review; and
3. To define key evidence and implementation gaps, prioritize future research, and propose next steps.

# Expected outcomes

1. List of key **program or implementation gaps, challenges, opportunities, and directions for the future** around the diet and eating practices of adolescent girls in LMICs;
2. List of key **evidence or research gaps and directions for the future**; and
3. Your recommendations about **additional guidelines and/or policy guidance that may be needed.**

# Who's in the audience?

- Stakeholders involved in adolescent nutrition in multiple capacities: researchers, donors and organizations that are actively involved in research or the implementation of nutrition programs addressing adolescent girls.
- Members of the Technical Advisory Group (TAG) that was established by SPRING to support the systematic review.

# What exactly will we be doing?



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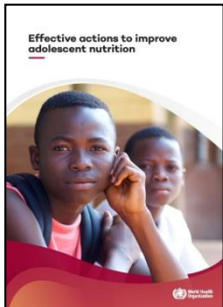
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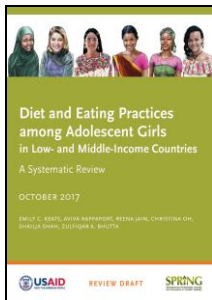
# We'll be sharing new research and WHO recommendations



- **Comparative Analyses of Adolescent Nutrition Indicators (DHS)** (Rukundo Benedict)



- **WHO nutrition-related recommendations targeting adolescents** (Pura Maria Solon)



- **Diet and Eating Practices among Adolescent Girls in Low- and Middle-Income Countries: A Systematic Review (study framework and results)** (Zulfiqar Bhutta and Emily Keats)

# And learning from your recent work!

- **Brazil's food-based dietary guidelines and future directions** (Carlos Monteiro)
- **Food systems, diet, nutrition and the double burden: Influences and opportunities for action** (Jessica Fanzo)
- **Panel discussion on program implementation, gaps, challenges and opportunities, and directions for the future** (Marcia Griffith, Luz Maria De-Regil, and Alison Tumilowicz)
- **The Double Burden and Double Duty Actions for Adolescents** (Corinna Hawkes)
- **Facilitated discussion on research gaps, and directions for the future** (Zulfiqar Bhutta Rafael Perez-Escamilla)

Your active engagement is critical to the success of this consultation!



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We anticipate lots of reflections,  
questions, and feedback!



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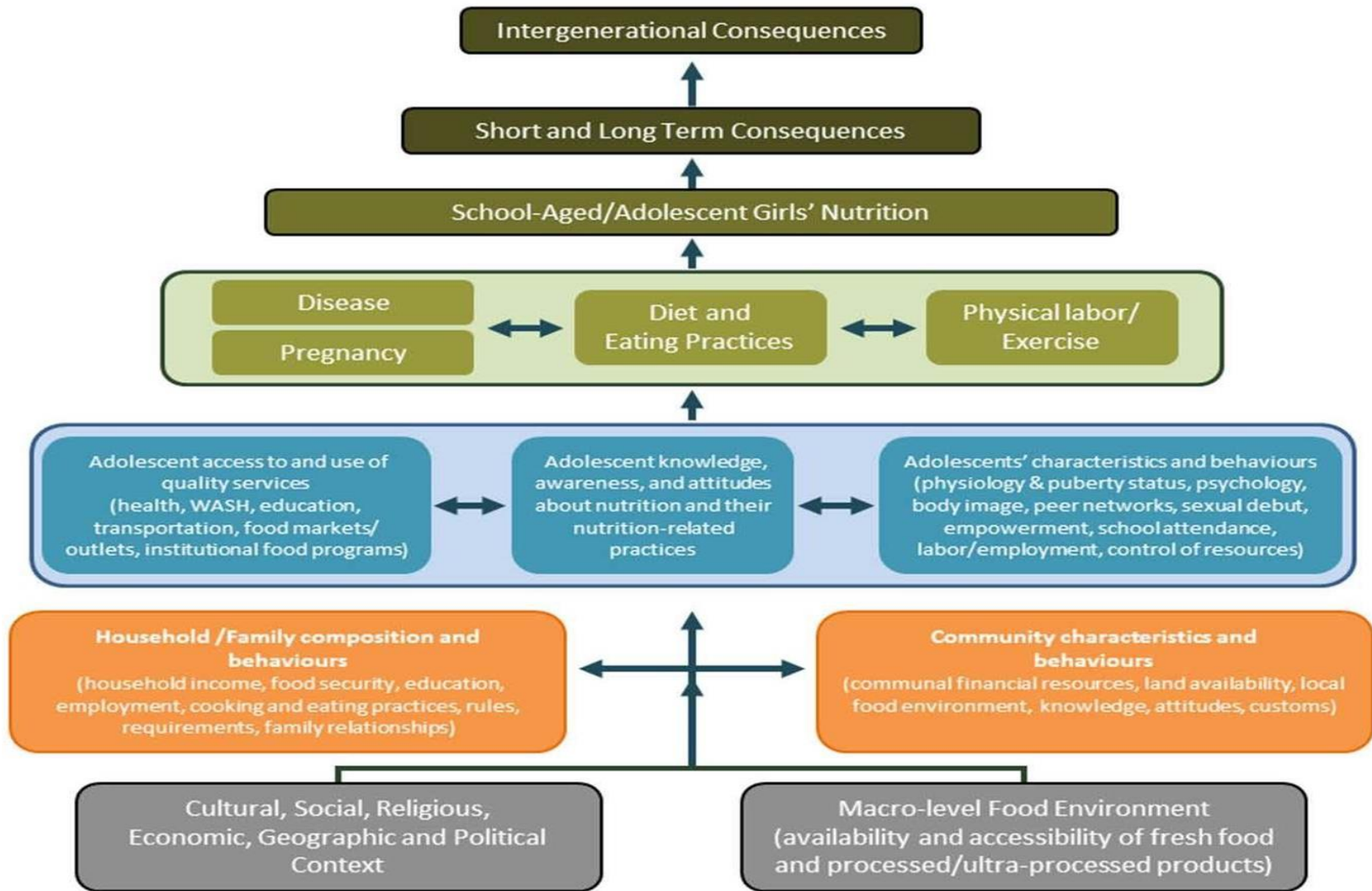
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# Conceptual framework on the causes and consequences of adolescent malnutrition



# Our 2-Day Program

Stakeholders Consultation on Adolescent Girls' Nutrition: Evidence, Guidance, and Gaps  
October 30 - 31, 2017

## DAY 1: Monday 30 October 2017

Time	Session	Facilitator
08:30-09:00	Coffee and registration	
09:00-09:10	Welcome	Francisco Becerra (PAHO) Anne Peniston (USAID)
09:10-09:20	Framing the consultation: Why is this important now? Present overview of plan for DAY 1	Carolyn Hart (Chair day 1)
09:20-09:30	Objectives and expected outcomes	Peggy Koniz-Booher
09:30-09:45	Introductions	Participants
09:45-10:25	Comparative Analyses of Adolescent Nutrition Indicators	Ruimondo Benedict
10:25-10:45	Reflections, Q&A and facilitated discussion	Laura Itzkowitz
10:45-11:15	Break	
11:15-11:45	WHO nutrition-related recommendations targeting adolescent	Pura Maria Solon
11:45-12:15	Reflections, Q&A and facilitated discussion	Abigail Kaplan Ramage
12:15-01:15	Lunch	
01:15-1:45	Presentation: Diet and Eating Practices among Adolescent Girls in Low- and Middle-Income Countries: A Systematic Review (study framework)	Zulfiqar Ehatta and Emily Keats
01:45-02:00	Clarifying Questions	Participants
02:00-02:45	Presentation: Diet and Eating Practices among Adolescent Girls in Low- and Middle-Income Countries: A Systematic Review (findings)	Zulfiqar Ehatta and Emily Keats
02:45-03:00	Clarifying questions	Participants
03:00-03:30	Break	
03:30-04:10	Reflections, Q&A and facilitated discussion	Participants
04:10-04:55	Brazil's food-based dietary guidelines and future directions	Carlos Monteiro
04:55-05:20	Reflections, Q&A and facilitated discussion	Ruben Grajeda
05:20-05:30	Reflections on Day 1	Carolyn Hart
06:00-07:45	Reception at TONIC AT QUIGLEYS' 2036 G St. NW, Washington, DC 20036	



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## DAY 2: Tuesday 31 October 2017

Time	Session	Facilitator
08:30-09:00	Coffee & Registration	
09:00-09:15	Welcome back and recap of day 1	Chessa Lutter (Chair Day 2)
09:15-09:55	Food systems, diet, nutrition and the double burden: Influences and opportunities for action	Jessica Fanzo
9:55-10:15	Reflections, Q&A and facilitated discussion	Sascha Lamstein
10:15-10:45	Panel discussion on program implementation, gaps, challenges and opportunities, and directions for the future	Panel discussants: Marcia Griffith Luz Maria De-Regil Alison Tumiovicz
10:45-11:00	Open discussion	Participants
11:00-11:30	Break	
11:30-12:00	The Double Burden and Double Duty Actions for Adolescents	Corinna Hawkes (remotely)
12:00-12:30	Reflections, Q&A and facilitated discussion	Abigail Kaplan Ramage
12:30-01:30	Lunch	
01:30-02:00	Facilitated discussion on research gaps, and directions for the future	Zulfiqar Ehatta Rafael Perez-Escamilla
02:00-02:15	Reflections on Day 2 and facilitated discussion about the way forward	Chessa Lutter/ Participants
02:15-02:30	Closing remarks	Michael McCabe (USAID) Ruben Grajeda (PAHO)
02:30-03:00	Concluding Break	





THANK YOU!

For more information, please contact:

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