



Milan Urban Food Policy Pact: Sustainable Food Systems for Healthy Diets and Improved Nutrition

Dr. Florence Egal
City-Region Food Systems

Ag2Nut call 19/12/20916

call

Global Panel

on **Agriculture & Food Systems for Nutrition**

23 September 2016:

Launch of the Foresight Report

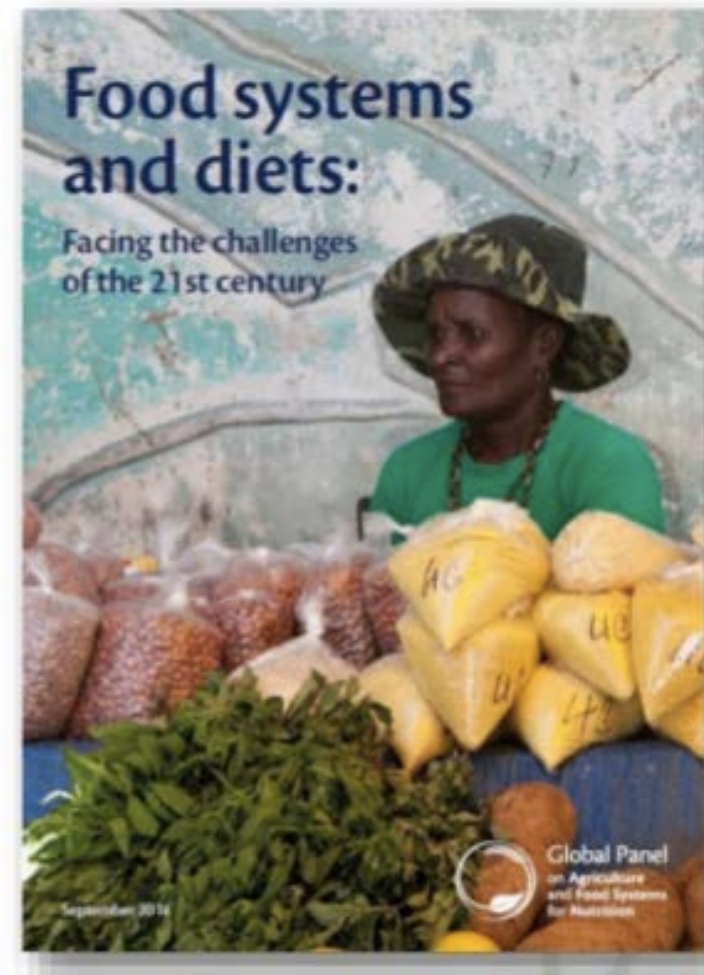
<http://www.glopan.org/foresight>

Jointly funded by



BILL & MELINDA
GATES *foundation*

Secretariat hosted by



A Call for Action

- ▶ Nutrition: a new global priority
 - ▶ A favourable international context
 - Sustainable Development Goals (SDGs)
 - UN Decade of Action on Nutrition 2016-2025
 - ▶ Align food systems with the goal of attaining healthy diets
 - ▶ Ensure coherence and convergence of policies and actions
- 

UN Decade of Action on Nutrition 2016-2025



- ▶ Proclaimed by the April 2016 UNGA
- ▶ Ten commitments of the Rome Declaration for Nutrition (November 2014)
 - A framework for all actors
 - Towards SMART national indicators
- ▶ *International Symposium on Sustainable Food Systems for Healthy Diets and Improved Nutrition, Rome 1-2/12/2016*

www.fao.org/about/meetings/sustainable-food-systems-nutrition-symposium



UN SCN Discussion papers

Implementing the ICN2 Framework for Action:

- ▶ *Investments for Healthy Food Systems: a Framework Analysis and Review of Evidence on Food System Investments for Improving Nutrition (9/16)*

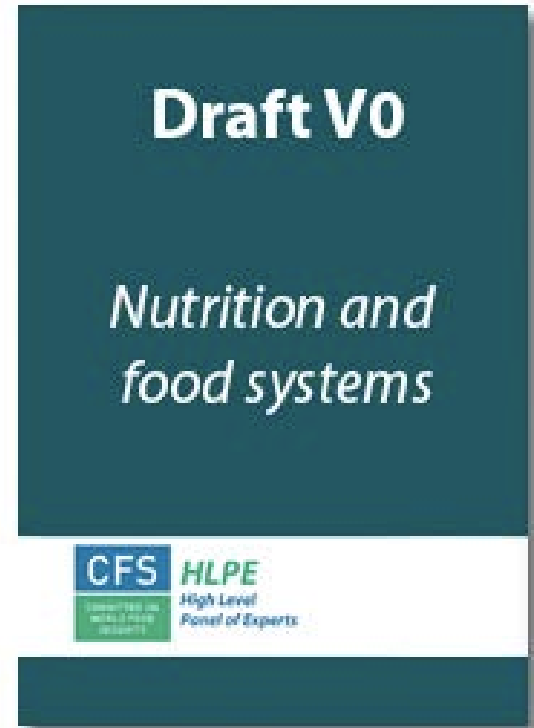
http://www.unscn.org/files/ICN2_TPM/LDef_Policy_Brief_EN_Investments.pdf

- ▶ *Impact Assessment of Policies to support Healthy Food Environments and Healthy Diets (10/16)*

http://www.unscn.org/files/ICN2_TPM/Policy_Brief_EN_Impact_Assessment_FINAL.pdf

Committee for World Food Security

- ▶ Commissioned in October 2015 to the High-Level Panel of Experts a Report on Nutrition and Food Systems to be presented in October 2017
- ▶ E-consultation on V0 draft www.fao.org/fsnforum/cfs-hlpe/nutrition-and-food-systems-V0



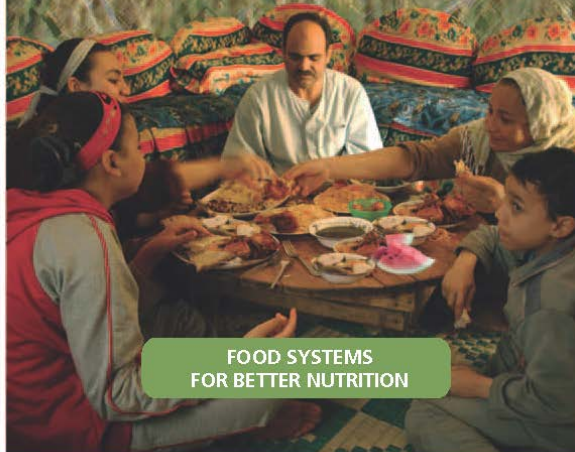
www.fao.org/cfs/en/

2013

ISBN 978-92-51-4539-9



THE STATE OF FOOD AND AGRICULTURE



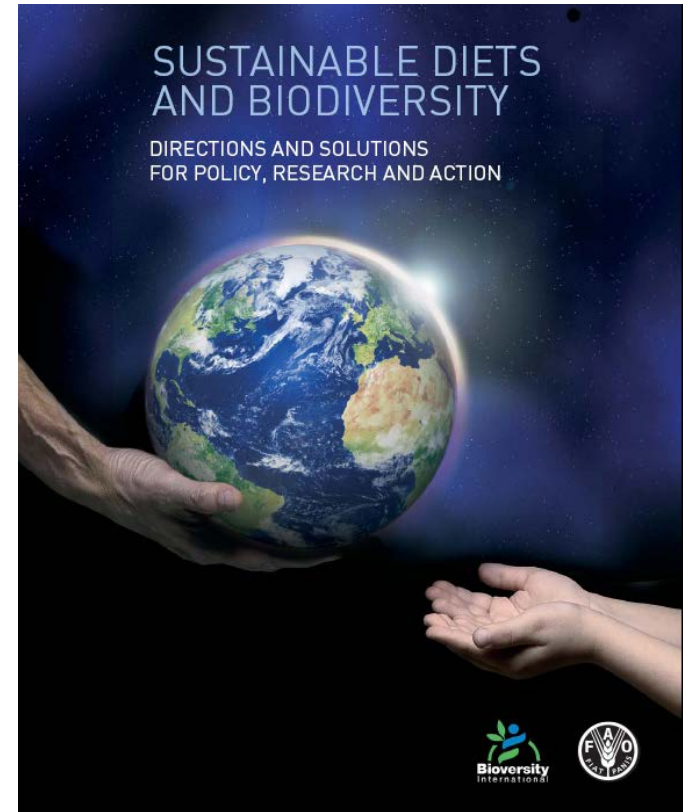
FOOD SYSTEMS
FOR BETTER NUTRITION



“Food systems encompass all the people, and processes by which agricultural products are produced (including inputs and research), processed and brought to consumers.”

Reorient Food Systems for Sustainable Diets

- ▶ Nutritionally adequate, safe and healthy
- ▶ Culturally acceptable, accessible, economically fair and affordable
- ▶ Low environmental impact (respectful of biodiversity and ecosystems)



... from supply-driven to demand-driven

New Nordic Cuisine

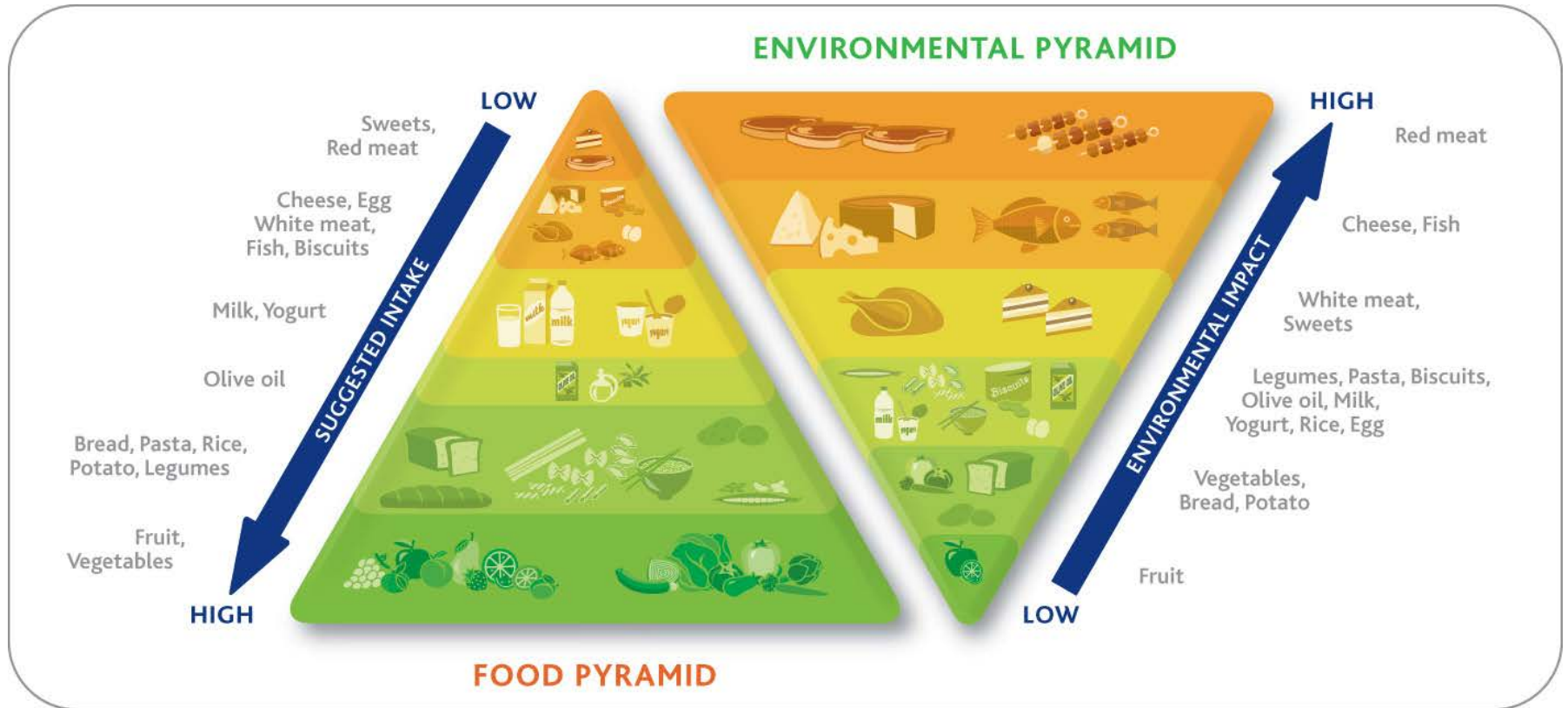
- ▶ 2004, ten-point Manifesto (12 Scandinavian chefs)
 - Local and seasonal food
 - Combine tradition, scientific knowledge & external influences
 - Sustainable production and animal welfare
 - Promote local producers and livelihoods
 - Combine local production with regional exchanges of quality products
 - Involve all actors
- ▶ 2005, Programme Nordic Council of Ministers

<http://www.norden.org/en/theme/ny-nordisk-mad>



newnordicfood

Mediterranean diet



Source: Barilla Center for Food & Nutrition

Milano July 2016 – Call for Action for the Revitalization of the Mediterranean Diet

<http://www.ifmed.org/wp-content/uploads/2016/07/CALL-FOR-ACT-2016.pdf>

- Mediterranean diet: outcome and driver of food system
- Brings together health and nutrition, environment (incl. biodiversity), socio-cultural & economic dimensions
- Mediterranean diet as a basis for sustainable food systems: operationalizing the 2030 Agenda in the region?






MILAN URBAN FOOD POLICY PACT



- ▶ Political initiative
- ▶ Launched by the Mayor of Milan, in parallel to Milan Expo
- ▶ Presented to UNSG on 16/10/15 (World Food Day)
- ▶ Signed by 132 cities (half of which European) – over 450 million inhabitants
- ▶ For further info, see

<http://www.milanurbanfoodpolicypact.org/>

What have mayors committed to?

- ▶ Sustainable food systems
 - ▶ Inter-sectoral collaboration
 - ▶ Coherence of municipal policies with national and global policies and processes
 - ▶ Engage all actors in planning, implementation and assessment
 - ▶ City-to-city networking
- 

Governance

- ▶ Collaboration across city departments; alignment of policies & programmes; rights-based approach;
- ▶ Enhanced stakeholder participation;
- ▶ Build upon local initiatives (link best practices to programmes and policies, support of local academia);
- ▶ Develop/revise urban food policies and plans; harmonize municipal regulations; build up capacities for a more sustainable, healthy and equitable food system (balance urban & rural interests);
- ▶ Develop/improve multisectoral information systems for policy development and accountability.



3 GOOD HEALTH
AND WELL-BEING



13 CLIMATE
ACTION



4 QUALITY
EDUCATION



12 RESPONSIBLE
CONSUMPTION
AND PRODUCTION



Sustainable diets and nutrition

- ▶ Promote sustainable diets, in particular through schools (less meat and dairy products, more fruits and vegetables, less processed foods, less trans fats, salt, contaminants...)
- ▶ Develop sustainable dietary guidelines (for consumers, city planners, food service providers, retailers, producers and processors;
- ▶ Adapt standards and regulations and explore regulatory and voluntary instruments (marketing, publicity & labeling; economic incentives or taxes);



Social and economic equity

- ▶ **Social protection** (food banks, vouchers, community food kitchens, emergency food pantries etc..)
- ▶ **Public procurement** (e.g. school feeding) of healthy, local & regionally sourced, seasonal & sustainably produced foods;
- ▶ **Decent employment for all** (including fair trade and improved labour conditions);
- ▶ **Social and solidarity economy** (support sustainable livelihoods for marginalized populations & facilitate access to safe & healthy foods in both urban & rural areas);
- ▶ **Networks and grassroots activities** (community gardens, community food kitchens, social pantries, etc.) for strengthening and food access





Production



- ▶ Territorial planning (urban-rural coherence);
- ▶ Focus on and support to smallholder producers & family farmers in and around cities
- ▶ Support short food chains, producer organisations, producer to consumer networks and platforms.
- ▶ Ecosystem approach (e.g. agroecological production, conservation of biodiversity and farmland, climate change adaptation, tourism, leisure and other ecosystem services);
- ▶ Secure access and tenure to land for sustainable food production in urban and peri-urban areas
- ▶ Water management and reuse



Food Supply and Distribution

- ▶ **Ensure physical access** to fresh, affordable foods in underserved neighbourhoods, **sustainable logistics**
- ▶ **Support food storage, transport and distribution technologies and infrastructure** for seasonal food consumption, decent and stable employment.
- ▶ **Food control systems** (avoid barriers to market access for family farmers and smallholder producers; integrate food safety, health and environmental dimensions).
- ▶ **Revisit public procurement & trade policy**
- ▶ **Support to** municipal public markets, farmers markets, informal markets, retail & wholesale markets, restaurants & other food distributors (including informal sector)






Food Waste



- ▶ Assess & monitor food loss and waste;
- ▶ Raise awareness through targeted events and campaigns; identify focal points (educational institutions, community markets, company shops, other solidarity or circular economy initiatives);
- ▶ Develop and review municipal policies and regulations (e.g. processes, cosmetic and grading standards, expiration dates, etc.) to prevent waste and safely recover food and packaging;
- ▶ Facilitate recovery & redistribution for human consumption of safe and nutritious foods.

A concrete and timely opportunity for action

- ▶ Effective articulation & integration of development policies = prerequisite to sustainable development:
 - priority given so far to national & global - and usually sectoral - policies
 - the integration of economic, social and environmental dimensions requires a local focus
 - local development should be a priority
 - ▶ Local authorities will have to deliver on all SDGs
 - ▶ How can we help mayors articulate the consensus they sign?
 - ▶ From local to global: jumpstarting the 2030 Agenda for Sustainable Development?
- 

13th International Conference on Urban Health

- ▶ San Francisco 3-4/4/2016
- ▶ WHO – UN-Habitat *Global Report on Urban Health - Equitable, Healthier Cities for Sustainable development*
http://www.who.int/kobe_centre/measuring/urban-global-report/en/
- ▶ "Exploit the urban advantage"
- ▶ "Sustainable food systems for food security"
- ▶ "Local action for healthy eating behaviour"
- ▶ "Cities should endorse their leadership position"



New Urban Agenda

- ▶ Habitat III (UN Conference on Housing and Human Settlement): 1st major post-SDG conference
- ▶ Heads of state and government, Ministers + local governments, parliamentarians, civil society, indigenous peoples, local communities, private sector, scientific community...
- ▶ Quito Declaration signed on 20/10/2016

<https://habitat3.org/the-new-urban-agenda/>

Shanghai Consensus on Healthy cities

- ▶ 9th Global conference on Health Promotion
- ▶ Signed by more than 100 mayors around the world
 - Five governance principles
 - Sustainable and safe food policies
- ▶ <http://www.who.int/healthpromotion/conferences/9gchp/9gchp-mayors-consensus-healthy-cities.pdf?ua=1>




Healthy Cities

MAYORS FORUM

健康城市 市长论坛

MUFPP: a political opportunity for the UN Decade on Nutrition

- ▶ An opportunity for inter-institutional and inter-sectoral collaboration
 - ▶ Practice-based evidence is key:
 - Place-based development to feedback into national policies
 - Horizontal networking for sustainable development strategies
 - ▶ Nutrition can provide an integrating concept
 - ▶ Technical assistance and capacity building needed
 - ▶ Exploring linkages with SUN?
- 

International Panel of Experts on Sustainable Food Systems (IPES-Food)

What research to guide transition towards sustainable food systems?

Ten principles

- Holistic and systemic approach
- Take into account power relations
- Trans-disciplinary
- Engagement of all actors
- Independence
- Sustainability
- Diversity and resilience
- Democracy and participation
- Innovation (social and technological)
- Monitoring and evaluation

◦ <http://www.ipes-food.org>