



USAID
FROM THE AMERICAN PEOPLE

SPRING
Strengthening Partnerships, Results,
and Innovations in Nutrition Globally

Counselling Cards for Father-to-Father Support Groups Infant and Young Child Feeding and Gender in Ghana



ABOUT SPRING

The Strengthening Partnerships, Results, and Innovations in Nutrition Globally (SPRING) project is a seven-year USAID-funded cooperative agreement to strengthen global and country efforts to scale up high-impact nutrition practices and policies and improve maternal and child nutrition outcomes. The project is managed by JSI Research & Training Institute, Inc., with partners Helen Keller International, The Manoff Group, Save the Children, and the International Food Policy Research Institute.

RECOMMENDED CITATION

SPRING. 2017. Counselling Cards for Father-to-Father Support Groups: Infant and Young Child Feeding and Gender in Ghana. Arlington, VA: Strengthening Partnerships, Results, and Innovations in Nutrition Globally (SPRING) project.

DISCLAIMER

This report is made possible by the generous support of the American people through the United States Agency for International Development (USAID) under the terms of the Cooperative Agreement AID-OAA-A-11-00031, (SPRING), managed by JSI Research & Training Institute, Inc. (JSI). The contents are the responsibility of JSI, and do not necessarily reflect the views of USAID or the U.S. Government.

ACKNOWLEDGMENTS

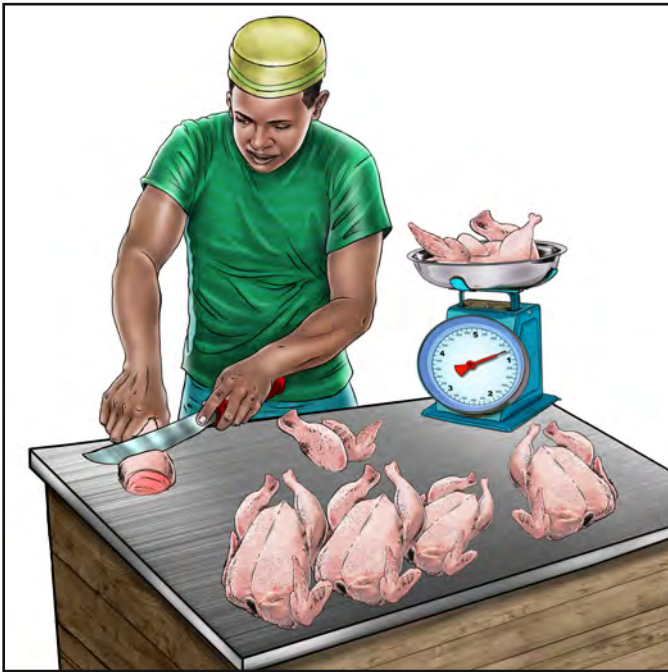
SPRING, UNICEF, and UNICEF/URC-CHS are acknowledged for the adaptation and use of the images contained in this presentation, accessed from the USAID/SPRING-UNICEF IYCF Image Bank (iycf.spring-nutrition.org). Commercial use, redistribution, or selling of these images and materials is prohibited.

SPRING

JSI Research & Training Institute, Inc.
1616 Fort Myer Drive, 16th Floor
Arlington, VA 22209 USA
Phone: 703-528-7474
Fax: 703-528-7480
Email: info@spring-nutrition.org
Internet: www.spring-nutrition.org

ILLUSTRATION: SPRING

Understanding Gender



Gender Roles: Changing What Society Expects of Us



CARD 2

Gender Roles: Division of Labour and Child Care in the Home



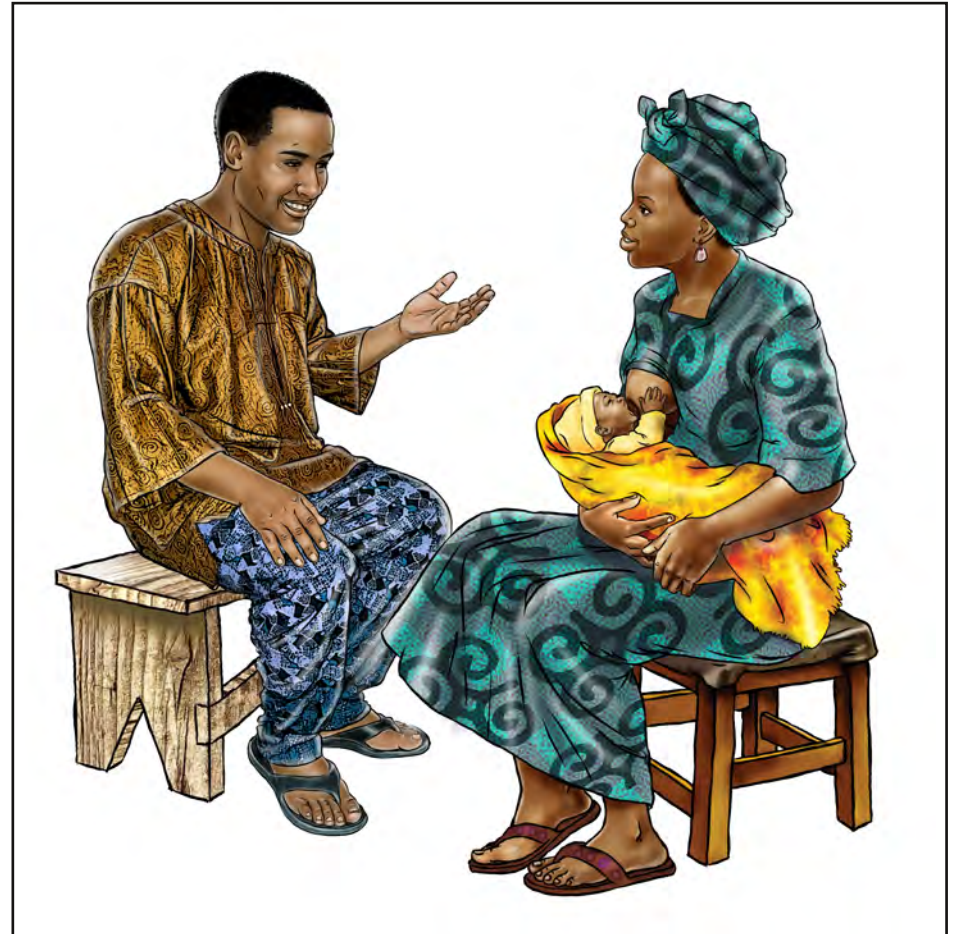
CARD 3A

Men, Women, and Caregiving



CARD 3B

Effective Communication in the Home



Healthy and Unhealthy Relationships



Fatherhood Roles



CARD 6

Family Care



CARD 7

Basic Hygiene



CARD 8

Keep Your Child in a Clean Environment



CARD 9

Your Family Should Eat a Variety of Foods

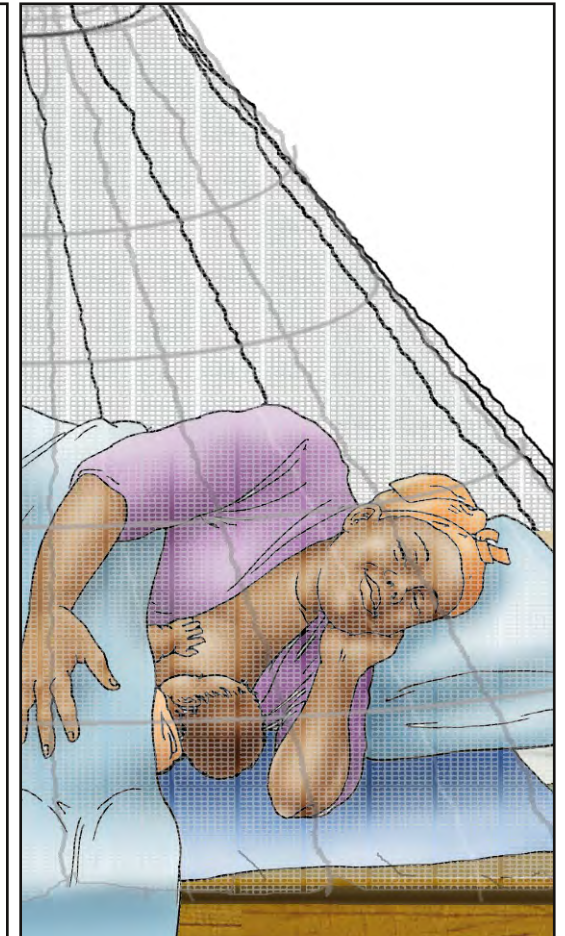


Understanding Maternal Nutrition



CARD 11

During the First Six Months, Give **ONLY** Breastmilk



CARD 12A

Exclusive Breastfeeding During the First Six Months



=



+



+



+

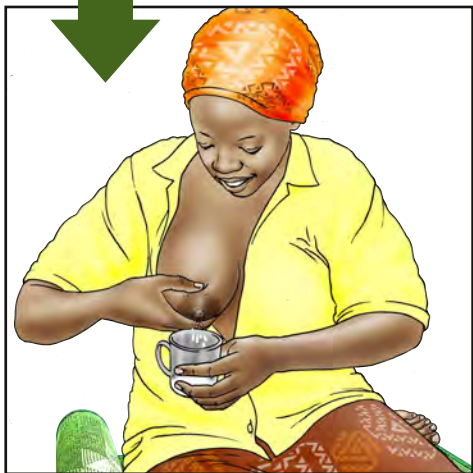
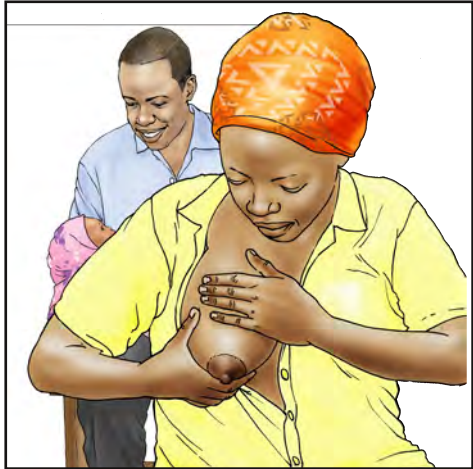


=



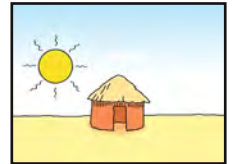
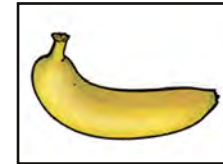
CARD 12B

Hand Expressing and Cup Feeding



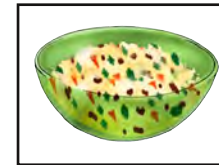
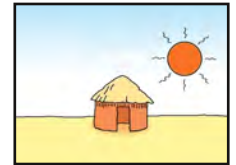
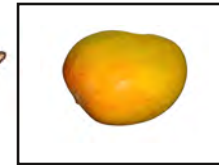
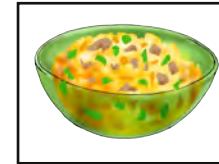
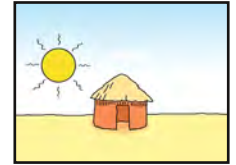
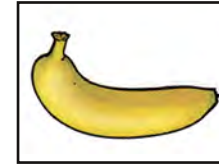
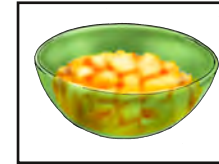
CARD 12C

Complementary Feeding 6-9 Months



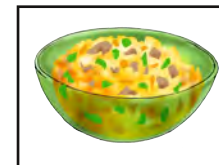
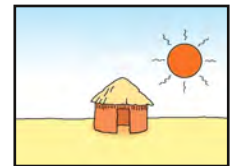
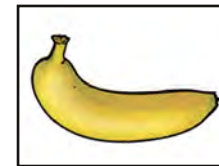
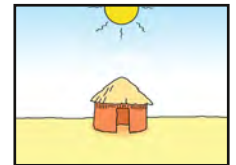
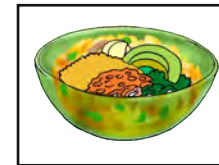
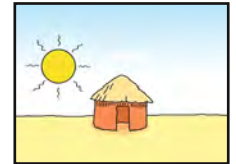
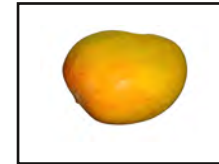
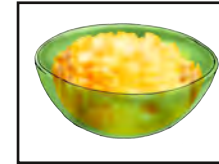
CARD 13A

Complementary Feeding 9-12 Months



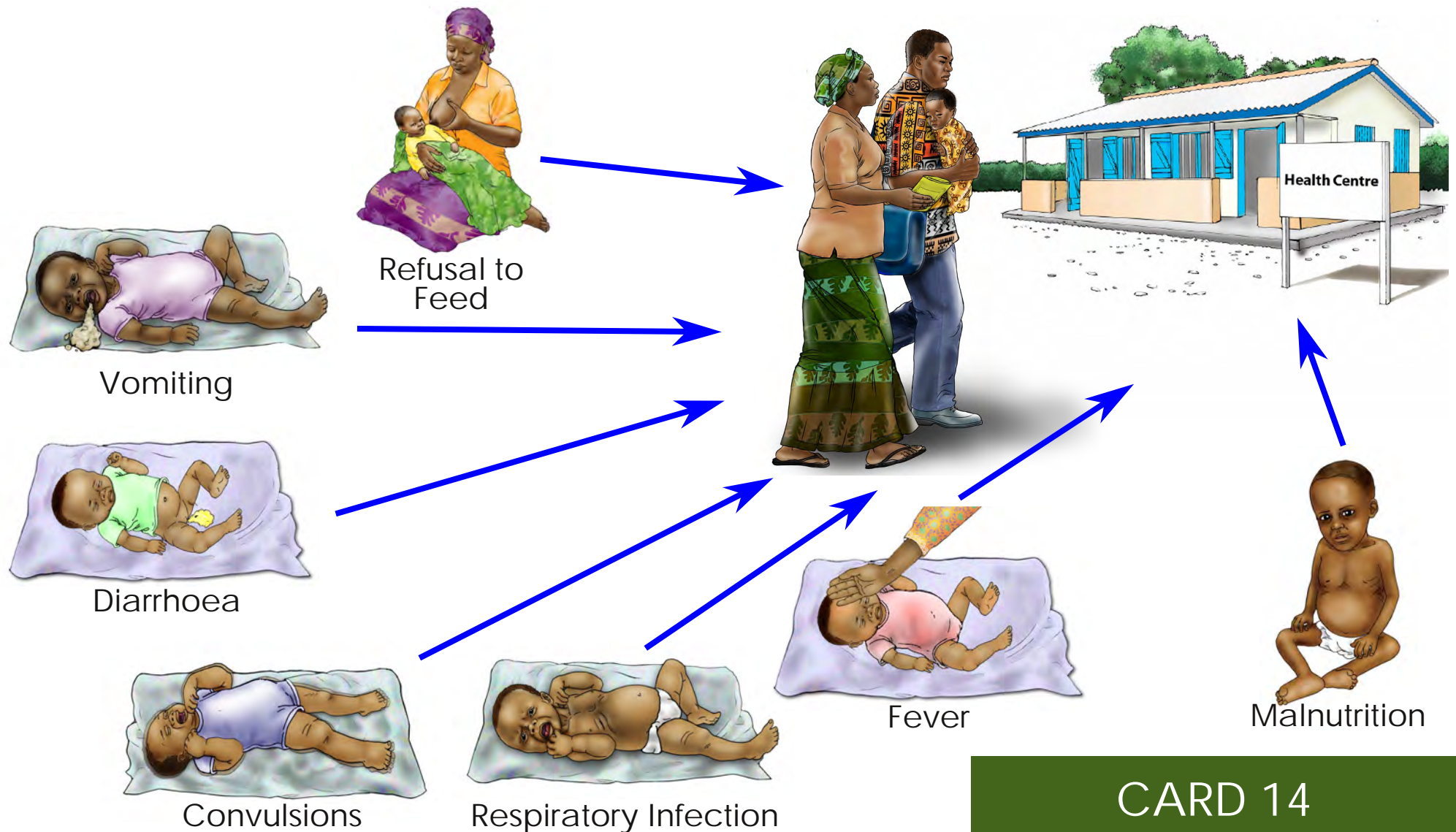
CARD 13B

Complementary Feeding 12-23 Months



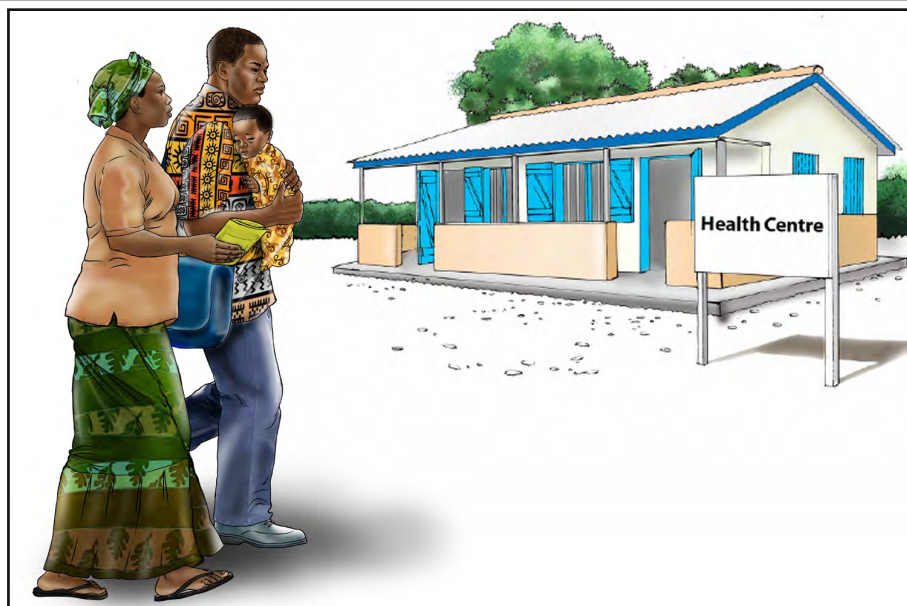
CARD 13C

What to Do If Your Child Falls Ill III



CARD 14

Men's Role in Health Promotion



CARD 15

SPRING

JSI Research & Training Institute, Inc.
1616 Fort Myer Drive, 16th Floor
Arlington, VA 22209 USA

Tel: 703-528-7474
Fax: 703-528-7480

Email: info@spring-nutrition.org
Web: www.spring-nutrition.org

