JEOPARDY!
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THIS person is currently the commander-in-chief of United States Armed Forces
Who is President Barack Obama?
DAILY DOUBLE

DAILY DOUBLE
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<tr>
<th>Cause &amp; effect</th>
<th>Body stuff</th>
<th>Anemia Messages</th>
<th>Programs</th>
<th>I screen, U scream</th>
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FINAL JEOPARDY!
Worldwide, deficiency of THIS micronutrient is the most common cause of anemia
What is Iron?
Plasmodium causes THIS disease that causes anemia
What is Malaria?
THIS micronutrient, useful for good vision, also helps reduce anemia
What is Vitamin A?
The occurrence of THIS results in adolescent girls being at higher risk of anemia than boys.
What is Menstruation?
A child whose mother was anemic during pregnancy may have THIS morbidity, which is determined by a cutoff of 2.5
What is Low Birth Weight?
Hemoglobin in blood is used to carry THIS element that helps cells “breathe”
What is Oxygen?
THIS vitamin found in citrus fruits can increase the absorption of iron from the intestine
What is Vitamin C?
DAILY DOUBLE

DAILY DOUBLE
Inflammation increases levels of THIS hormone produced by the liver
What is Hepcidin?
THIS vitamin, given with iron in IFA pills, helps in both blood and brain function
What is Folate/ Folic acid?
Environmental enteric dysfunction affects THIS part of the body
What is Intestine/ Small intestine?
Mothers are encouraged to practice THIS for 6 months for better health of the baby.
What is Exclusive Breastfeeding?
When giving Iron-Folic acid in pregnancy, we tell mothers to avoid THIS beverage as it can decrease iron absorption
What is Tea / Coffee?
Optimal birth spacing of at least THIS many years allows for a mother to build iron stores for the next pregnancy
What is 2 years?
Intake of THIS form of iron which is found in meat, poultry, and fish (animal source foods) is encouraged in women and children as it is well absorbed by the body.
What is Heme iron?
According to the WHO, anemia over THIS percent is a severe public health problem.
What is 40?
You can use THIS as a micronutrient supplement by “sprinkling” it on a child’s porridge or food.
What is Micronutrient Powder (MNP) / Sprinkles?
Drugs such as Albendazole, Mebendazole, and Praziquantel are given to reduce THIS infection?
What is Worm infection / Helminthic infections?
Mass deworming is not advised for children below THIS age
What is 1 year?
The WHO recommends that THIS high-risk group receive a weekly iron-folic acid supplement to prevent anemia.
What is Adolescent girls?
THIS west African country is on target to meet 4 of the 5 World Health Assembly 2025 targets:
- under -5 stunting (by 40%)
- under -5 wasting (<5%)
- under -5 overweight (no increase)
- exclusive breastfeeding (>50%)

BUT not
- anemia in women of reproductive age (by 50%)
What is Ghana?
THIS national level survey done every 5 years in over 90 countries report on national and sub-national prevalence of anemia
What is Demographic and Health Surveys (DHS)?
Field teams all over the world are using THIS device to assess hemoglobin concentration
What is Hemocue?
Concentration of hemoglobin below THIS level in g/dL are used for diagnosing anemia in pregnant women
What is 11 g/dL?
Diagnosis of malaria can be done by examining THIS under a microscope
What is a thick or thin Blood smear?
THIS kind of anemia results in red blood cells being crescent shaped and it helps protect against malaria.
What is Sickle cell anemia?
Use of THIS procedure at delivery will result in the baby receiving more iron
What is Delayed Cord Clamping?