

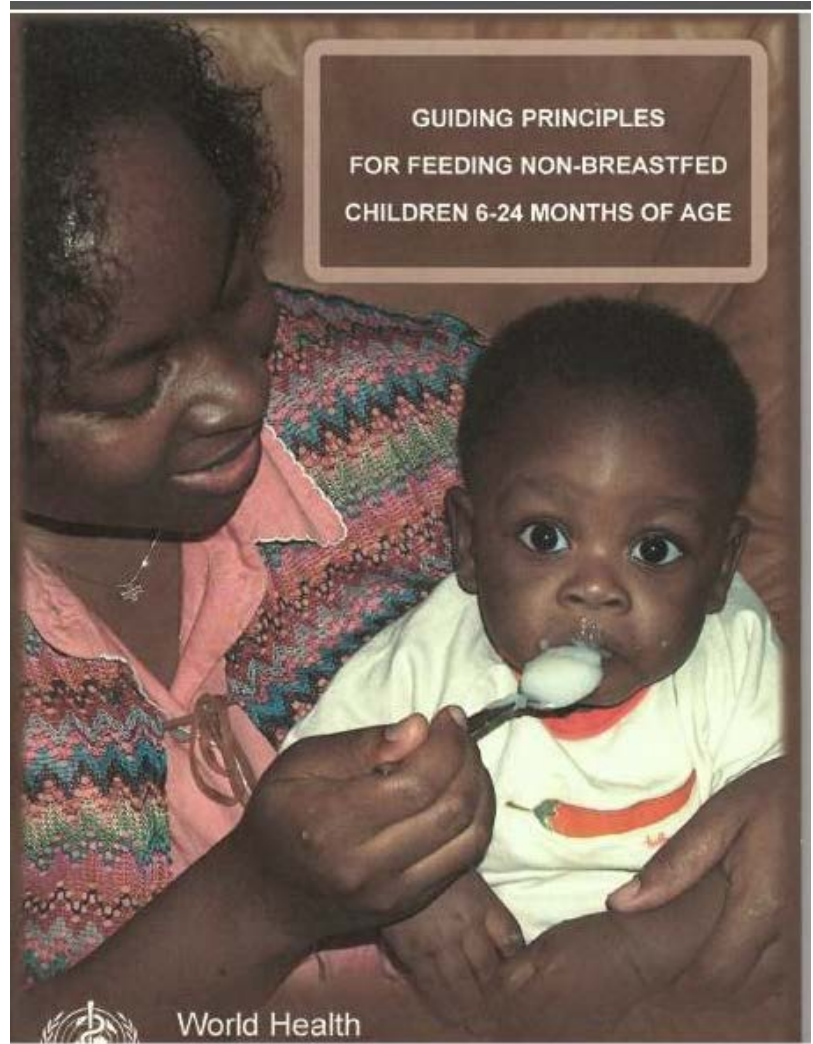
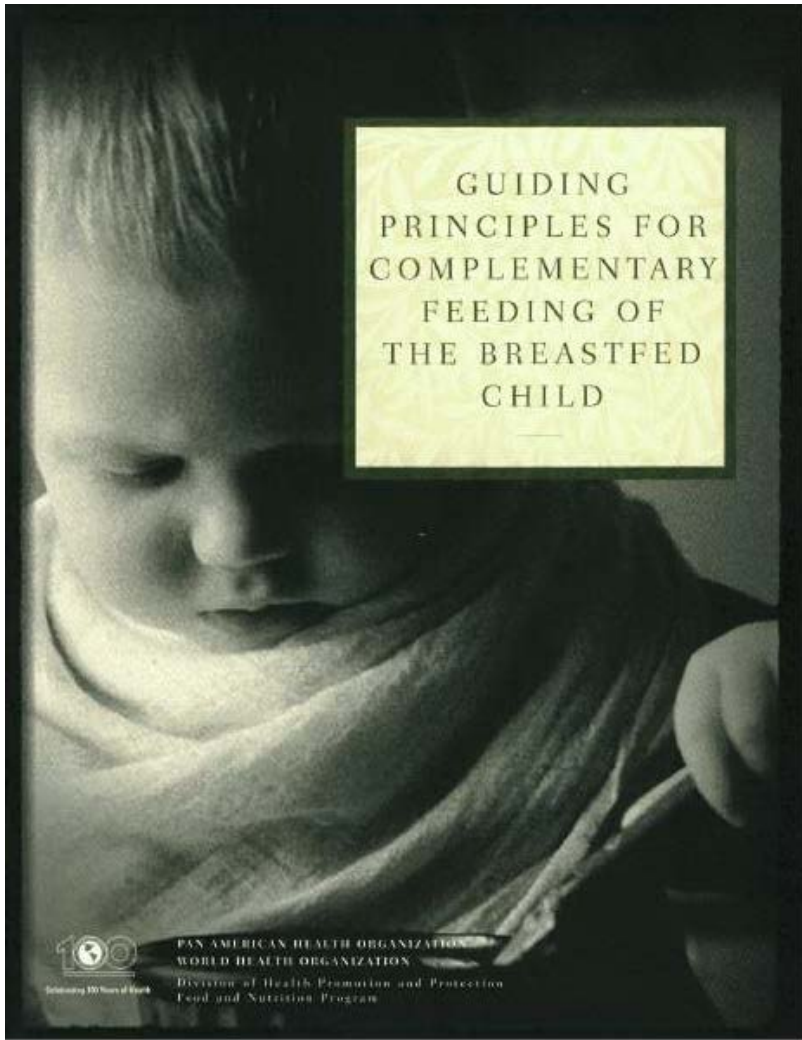
TECHNICAL MEETING ON THE DIET AND EATING PRACTICES OF ADOLESCENT GIRLS AND WOMEN OF REPRODUCTIVE AGE



DEVELOPMENT OF THE GUIDING PRINCIPLES FOR CHILD FEEDING

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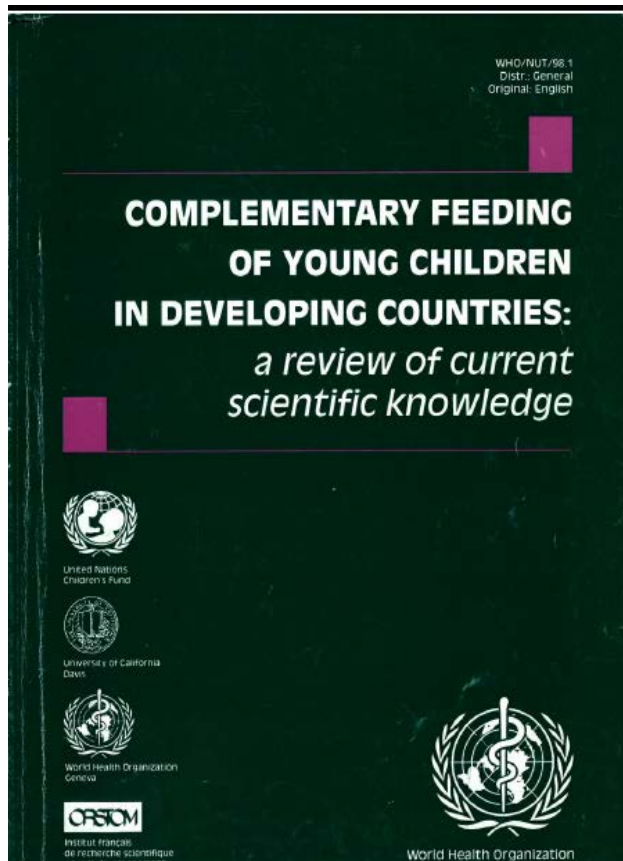


Goals

To develop a set of unified, scientifically based guidelines that can be adapted to local feeding practices and conditions



Scientific basis for 9 out of 10 principles



- Principle #3 on responsive feeding not evidence-based but included as common sense
- Made clear in the section on scientific rationale



Development and review process

- Written by Kathryn Dewey, requested and coordinated by PAHO
- Reviewed at the WHO Global Consultation for Complementary Feeding (Dec 2001)
- Revised and presented at the WHO Informal Meeting on Indicators for Complementary Feeding (Dec 2002)
- Extensive list serve discussion



Focus of guiding principles

Breastfed child

- Normal term infants (including LBW born at >37 weeks gestation)
- First two years of life
 - 0-6 months
 - 6-8 months
 - 9-11 months
 - 12-23 months

Non-breastfed child

- Normal term infants (including LBW born at >37 weeks gestation)
- 6-24 months
 - 6-8 months
 - 9-11 months
 - 12-23 months



Purpose and target audience for dissemination

- **Purpose:** To guide policy and programmatic action by providing scientifically-based information necessary to promote a conducive environment and to develop culturally appropriate messages for optimal infant and young child feeding
- **Target audience:** Policy makers, program planners, health care providers and community leaders



Format

- Guideline: Ten specific guidelines, some with subsections
- Scientific rationale: length differs depending on evidence base
- Tables include one on potential assessment needs and actions



Subsequent Use

- Basis for developing the indicators for assessing infant and young child feeding practices
- Input for capacity development (e.g., UNICEF online nutrition training)
- Google search revealed 65 pages of references to the Guiding principles of complementary feeding of the breastfed child



Differences relative to the development of a set of key diet and eating practices for adolescent girls and women

- Scientific basis for both sets of guiding principles well-developed
- WHO Guideline Development process not established



Similarities relative to the development of a set of key diet and eating practices for adolescent girls and women

- Can guide feeding in both low- and high-resource settings and those in transition
 - Guideline #3 Responsive feeding
 - Guideline #8 Nutrient content of complementary foods
- Within overall target group, subcategories developed where relevant, e.g., 6-8 months, 9-11 months, 12-23 months
- Addresses both diet and eating practices





Thank you

