

# ACT TO REDUCE ANEMIA

Anemia is a widespread public health problem with many causes—reducing its prevalence improves the health and economic development of families and nations. Countries can take the following actions to address their specific anemia situation.



[www.spring-nutrition.org/anemia](http://www.spring-nutrition.org/anemia)

## ASSESS THE SITUATION

Anemia has many causes, such as infections, micronutrient deficiencies, inflammation, and genetic disorders. Use the **Landscape Analysis Guidance for Anemia** to help you understand the unique factors that contribute to anemia in your country and assess the status of programs and policies.

## COORDINATE ACROSS SECTORS

**Establish a coordination group** consisting of multiple sectors. Develop, implement, and monitor a government-led anemia strategy in partnership with diverse stakeholders ranging from civil society to the private sector.

## PRIORITIZE ANEMIA AT THE DISTRICT LEVEL

Link national planning efforts to district implementation. Engage district actors with the **District Assessment Tool for Anemia** to help prioritize anemia-related interventions.

Visit the SPRING website for these resources and more. To engage in discussions and share experiences on anemia, join us at the **Accelerated Reduction Effort on Anaemia Community of Practice (AREA)**: [www.spring-nutrition.org/area](http://www.spring-nutrition.org/area).