SPRING IS WORKING TO STRENGTHEN THE NUTRITION SYSTEM IN KYRGYZ REPUBLIC

Finalized a **cookbook** that **highlights key nutrition messages** along with recipes for a healthy and diverse diet for different age groups using locally available ingredients.

Engaged 1,896 **community activists** to convey messages about dietary diversity, handwashing, and clean latrines to more than 19,000 households with children under two, making nearly 92,627 contacts with caregivers at home and another 52,363 contacts through community meetings.

Supported the **national Baby Friendly Hospital Initiative** and provided training to 280 providers across 8 health facilities.

Provided **cascade training** in general infant and young child feeding to 297 **health workers** who counseled 29,639 **mothers of children under two** on nutrition.

REACHING PEOPLE

- **359,491 people reached**
- **6,568 people trained**
- **7 institutions and 54 facilities supported**

SPRING is training health providers in the Kyrgyz Republic through a pool of trained national and regional nutrition trainers, and reaching thousands of households with critical nutrition messages through a network of community activist volunteers.

EXERTING INFLUENCE: HIGHLIGHTS

- **January**
  - National anemia protocol approved by the Ministry of Health with assistance from SPRING

- **February**
  - Established a working group with the Republican Center for Health Promotion to develop a national urban nutrition communication strategy

- **March**
  - Participated in the AgroHorizon Project’s AgroWASH workshop, providing input into the development of their AgroWASH module