

# Harvest Planning for a Better Future

---

## SUBTITLES

**00:01-00:06 - HARVEST PLANNING FOR A BETTER FUTURE**

**00:08 - 00:12 - Today we are at the village of Karazome in Gidan Roundji, Maradi Region.**

**00:13 - 00:19 - This video is going to show how men and women decide together how to distribute harvest over the year.**

**00:20 - 00:28- In order to ensure food availability every day. This will benefit the whole family, investing in a better future for every member.**

**00:29-00:36 – Thank God for this year’s harvest. I have cultivated and got a good harvest. I have harvested 40 bags of millet, 10 bags of guinea corn.**

**00:37-00:42 – 10 bags of groundnuts. Thank God for this year’s harvest, Mr. Inusa.**

**00:43-00:49 - I have harvested 30 bags of millet Mr. Inusa, 4 bags of groundnuts**

**00:49-00: 55- two bags of guinea corn, and I also one bag of sesame.**

**00:56 - 01:00- Good! We should be thankful, right? Sure! Thank God!**

**01:01-01:08- It is a good harvest so far but we will be facing food shortage within a short time. This is a disturbing problem Mr. Inusa.**

**01: 09- 01:15 - We harvest yearly but our food reserves are finished shortly after the harvest.**

**01: 17- 01: 22 – We actually don’t know the solution to this recurrent problem.**

**01:23 - 01:29 – We need a way out of this problem. Yes Mr. Inusa, it is really disturbing us.**

**01:32 - 01: 36 – Peace be with you! Peace be with you too! You are welcome Mr. Issoufou. Thank you.**

**01: 37 - 01:42- You have arrived, Mr. Issoufou, while we are discussing the problem of food shortage.**

**01: 43 - 01: 52- We have gotten enough this year but it will run out within a short time.**

**01: 53- 02: 06- In your position as advisor and sensitizer, please help us with a lasting solution to this problem.**

**02: 07- 02: 12- In my view, we need to discuss with our wives if we want a solution.**

**02: 14 - 02:23 - We should discuss with our wives to know the quantity of food we consume, per day, per week and per year.**

**02: 24- 02:29- We should divide our harvest into 4 parts for different purposes: the first one for domestic consumption, the second part for seeds...**

**02: 30- 02:33- ...the third part for health purposes, and the fourth part for other purposes.**

**02:35 - 02:39- Children should be fed with nutritious food, not only cereal and water.**

**02: 40- 02: 47- ...but also food such as animal source foods, vegetables, fruits, beans, milk, sesame, etc.**

**02: 48 - 02:56 - Thank God for your enlightenment. Thank you for sensitizing us, we will put it into practice.**

**02: 57 - 03:00 - Thank you for sensitizing us, as young people. We will put it into practice.**

**03: 01 - 03:04 - Okay, Thank God.**

**03: 09 - 03: 13 - Peace be with you! Peace be with you too! You are welcome! Thank You!**

**03: 14 - 03:17 -Welcome! Thank you! I hope you returned home in good health. Yes, I have returned home fine.**

**03: 18 - 03: 21 - Thank God, I have returned fine but with something disturbing me.**

**03: 22- 03:29 - What is disturbing you, husband? We have a good harvest this year but our food will be finished shortly after harvest. What do you think about this?**

**03:30 - 03:36 - In my view, we need to cooperate among ourselves, plan our harvest well so that it will be sufficient for us all year long.**

**03: 37- 03:39 – Yes, that is true.**

**03: 39- 03:43 – This is a good suggestion. Husband, we are 17 people living in this house.**

**03:44 - 03: 45– We should know the quantity of food we consume in a day.**

**03:45 - 03: 50– Yes, that is true. You, as women, please tell me what quantity of food we consume in a day.**

**03:51 - 03: 54– We consume 2.5 measuring plates which is equivalent to 7 kg per day.**

**03:55 - 04:00 – We consume 17.5 measuring plates which is equivalent to 49 kg per week.**

**04: 02- 04:10 – Therefore, we consume 75 measuring plates which equals to 210 kg per month.**

**04: 11- 04:17 – In a year, we consume 900 measuring plates which will be 2520 kg per year.**

**04:18 - 04:21 – Now we have estimated what we consume a year.**

**04:22 - 04:27 – We can divide our food into four parts: a first part for domestic consumption, a second for seeds...**

**04:28 - 04: 32– ...a third part for health purposes and a fourth for other needs.**

**04:33 - 04:36– Sure, husband! If we follow this plan, we will solve our problem.**

**04: 38- 04:42– How to plan what the family needs during the year?**

**04:46 - 04:52- You should know the quantity of food needed for the family per day, per month, and per year. That quantity is then set aside for consumption.**

**04:58 - 05:00- Peace be with you! Peace be with you too**

**05: 02- 05:06– You are welcome. Thank you! How are you and the family? Fine!**

---

This document is made possible by the generous support of the American people through the United States Agency for International Development (USAID) under the terms of the Cooperative Agreement AID-OAA-A-11-00031 (SPRING), managed by JSI Research & Training Institute, Inc. (JSI) with partners Helen Keller International, the Manoff Group, Save the Children, and the International Food Policy Research Institute. The contents are the responsibility of JSI, and do not necessarily reflect the views of USAID or the United States Government.

[www.spring-nutrition.org](http://www.spring-nutrition.org)

**05:07 - 05:12– Are you coming from the swamp husband? Yes, I am coming from the swamp. I have brought some food items for you.**

**05: 13- 05:19– I have plucked a water melon and some potatoes for the children.**

**05: 21- 05:23– ...and also moringa. I am also preparing hibiscus.**

**05: 24- 05:25–That is good!**

**05: 26- 05:29 – so that we get sufficient food.**

**05:30 - 05:35– We should feed our children with nutritious food and a variety of food.**

**05: 38- 05:40– How to recognize a varied diet?**

**05: 44- 05:49– A varied diet is food that has several colors,**

**05: 50- 05:54– and contains other ingredients, not only grain and water.**

**05:58 - 06:05– Good my wife! If we feed our children a varied diet, they will become active and intelligent children.**

**06:06 - 06:09– We will be seen as important in our society.**

**06:10 - 06:16–We will require less health expenses for our children. They will be educated and become important people.**

**06:18 - 06:21 – What are the benefits of having a child that eats well?**

**06:25 - 06:28 – You will be seen as someone important.**

**06:29 - 06:34 – The child will be healthy which will require less health expenses.**

**06:35 - 06:39 – The child will become smarter and is more likely to “become someone important”.**

**06:45 - 06:48–I dried my beans since 9am.**

**06:49- 06:54– I first spread out black polythene, then I covered the beans with white polythene.**

**06:55 - 06:58– I have sucked the air out to kill the insects.**

**06:59 - 07:05– As dusk approaches, I will collect the beans in a bag that has polythene in it.**

**07:06 - 07:10 – I will store it airtight.**

**07:11 - 07:13– I should not waste time in collecting it since dusk is approaching.**

**07:22 - 07:25– Are you collecting the beans, husband? Yes, I am collecting the beans.**

**07:26- 07:28– Let me also dry the hibiscus and moringa.**

**07:30 - 07:35– Let me dry them in a shaded area and clean them in a place where air circulates.**

**07:45- 07:46– Let me dry the hibiscus.**

**08:39 - 08:42– Why should we dry food in the shade?**

**08: 46- 08:51– To avoid vitamin loss, as the sun destroys certain vitamins.**

---

This document is made possible by the generous support of the American people through the United States Agency for International Development (USAID) under the terms of the Cooperative Agreement AID-OAA-A-11-00031 (SPRING), managed by JSI Research & Training Institute, Inc. (JSI) with partners Helen Keller International, the Manoff Group, Save the Children, and the International Food Policy Research Institute. The contents are the responsibility of JSI, and do not necessarily reflect the views of USAID or the United States Government.

[www.spring-nutrition.org](http://www.spring-nutrition.org)

**08:54 - 08:57– Peace be with you! Peace be with you too! Are you coming from the field? Yes, I am coming from the field.**

**08:58 - 09:01 – We are just coming from a discussion where we have received some news and information.**

**09:02 - 09:05 – What is new then? It is on harvest planning**

**09:06 - 09: 13-You see, we are now young, unmarried but when we get married, we will plan our harvest with our wives.**

**09:14 - 09:16 –In order to have sufficient food all year long.**

**09:17 - 09:22 – This is important information and when we get married, we will discuss this with our wives so they can share their ideas.**

**09:23- 09: 26– Thank you. Thanks to God! Thank you too!**

**09:28- 09:31–If we want to find a way out of this problem, we have to communicate with our wives.**

**09:34- 09:40 – We should also give our children nutritious food such as animal source foods and vegetables...**

**09:41- 09: 46– ...such as egg, milk, moringa, groundnuts, etc.**

**09:48- 09: 51 – So that our children will be healthy and intelligent.**

**09: 52- 09: 59–If we want to dry our food like vegetables , moringa, hibiscus etc..**

**10: 00- 10:04 - ...we should dry them in a shaded and clean place where air circulates.**

**10: 05- 10:09- Men should communicate with their wife/wives for good ideas**

**10:10-10:11- THANKS**

**10:12-10:13- EDITORS**

**Issoufou Adamou**

**Digital Green**

**10:13-10:13 - STORY, CAMERA , LIGHT**

- **Ibrahim Abdou**
- **Sahara Hassan**
- **Issoufou Adamou**

**10:14-10:15- LOCATION**

**Karazome village , Maradi**

**Niger Republic**

**December 2015**

**10:17-10:20- This video has been produced by the SPRING/ DIGITAL GREEN project, Niger**

**Funded/ Financed by USAID**

---

This document is made possible by the generous support of the American people through the United States Agency for International Development (USAID) under the terms of the Cooperative Agreement AID-OAA-A-11-00031 (SPRING), managed by JSI Research & Training Institute, Inc. (JSI) with partners Helen Keller International, the Manoff Group, Save the Children, and the International Food Policy Research Institute. The contents are the responsibility of JSI, and do not necessarily reflect the views of USAID or the United States Government.

[www.spring-nutrition.org](http://www.spring-nutrition.org)

## **Acknowledgments**

**REGIS-ER, SAWKI, LAHIA**

---

This document is made possible by the generous support of the American people through the United States Agency for International Development (USAID) under the terms of the Cooperative Agreement AID-OAA-A-11-00031 (SPRING), managed by JSI Research & Training Institute, Inc. (JSI) with partners Helen Keller International, the Manoff Group, Save the Children, and the International Food Policy Research Institute. The contents are the responsibility of JSI, and do not necessarily reflect the views of USAID or the United States Government.

[www.spring-nutrition.org](http://www.spring-nutrition.org)