How to Prevent and Treat All Diarrhea in Children

00:01-00:08 – HOW TO PREVENT AND TREAT ALL DIARRHEA IN CHILDREN
00:12-00:16 - Today we are at the village of Tsanwa in Guidan Roumdji, Maradi region.
00:18-00:26 - In this video, we will learn the importance of preventing human and animal defecation where children play.
00:27-00:33 - Feces contain diseases that cause diarrhea.
00:52-00:54 - Peace be with you!  Peace be with you too!
00:56-01:01 - Good morning. Morning! Larai you are sitting alone.  I hope everything is fine, your child does not look happy.
01:02-01:06 - I am fine but my child is sick. Have a seat!
01:13-01:22 - I asked you about your child earlier, you told me he is suffering from diarrhea as a result of teething. But that kind of diarrhea can also dehydrate the baby.
01:23-01:29 - Lack of hygiene cause a child to have diarrhea.
01:30-01:35 - You have chickens and other domestic animals roaming in the compound which can cause digestive problems.
01:36-01:41 - Your pounding tools are kept uncovered which can cause digestive problems too.
01:42-01:45 - Look at his body, he is completely dehydrated.
01:47-01:51 - How can a child’s development be delayed by diarrhea?
01:55-02:02 - Each time a child has had diarrhea, he/she loses nutrients which are necessary for growth and development.
02:04-02:07 - Larai, how many times did your child have loose stools today? Four times a day.
02:08-02:12 - Have you taken him to the health center? No, I didn’t because the diarrhea is due to teething.
02:13-02:18 - Even if the diarrhea was caused by teething, you should prepare ORS for him at home before and then take him to the health center.
02:19-02:23 - Larai do you know what ORS is? Yes, I know ORS.
02:24-02:27 - Have you prepared the ORS for him? No, I didn’t because the diarrhea is due to teething.
02:28-02:32 - Do you have potable water? Yes, I have. I have just finished preparing porridge, therefore, I still have some boiled water left.
If you have a baby/child between 6 to 24 months, what type of medicine should you always have at home?

Oral Rehydration Salt - ORS

Larai, since you have brought the utensils, bring soap so that we can wash our hands.

There is no soap. Do you have ashes? Okay. Bring some for us to wash our hands. Alright!

This is an ORS packet. It contains whatever a child loses during diarrhea.

This is a can that takes one liter of water. We have our boiled water and a clean spoon.

We now open the can, and pour water, in which we will pour the OSR packet.

I will pour the ORS now.

I will then stir the ORS which is a treatment for diarrhea.

This is the ORS solution. Give it to him all day long.

Take some with you when you take him to the health center. Prepare a new ORS solution the following morning.

Continue giving it until the diarrhea stops. Okay, no problem.

You now give him the ORS solution. Okay.

Drink up. Drink or else you will not get your treat. Drink.

Larai, continue giving your child sufficient water and more food than usual. Alright.

Breastfeed him also more than you are used to do. Okay.

Don’t you think if I give more food and water, the diarrhea will worsen?

No, the diarrhea will not worsen. It will only replace liquids and nutrients he has lost. Okay.

I am convinced about your message, I will take him to the health center and will take some ORS solution for him.

Let me follow you and go home.

How can you treat diarrhea at home?

- For babies under 6 months, breastfeed more frequently.

- For babies > 6 months and children, prepare 1 packet of ORS a day and give it until the diarrhea has passed.
- Take your baby/child to the health center when he/she has more than 3 loose stools a day.

08:25-08:33 - Let me put one Aqua Tab in the water to purify it. I will then pour it into the mud pot after 5 minutes.

08:33-08:36 – AFTER 5 MINUTES

08:38-08:43 - Let me pour the water into the mud pot. Five minutes are now over.

09:32-09:35 - Peace be with you! Peace be with you too!

09:36-09:40 - Good morning. Good morning. How are you? We are fine.

09:41-09:45 – Barira, I come to see you. Alright! Have a seat there. 09:48-09:55 – Barira, continue keeping hygiene a priority. I can see your baby is in good health.

10:00-10:03 - If you continue exclusive breastfeeding until 6 months of life, she will look healthy like this child (shows).

10:04-10:10 - Don’t allow anyone to give her water until she reaches 6 months of life.

10:12-10:16 - What if she suffers diarrhea? Can I give her an ORS solution?

10:17-10:22 - No, you can’t give her an ORS solution unless prescribed by a health worker.

10:25-10:30 - You can’t give her ORS solution without a prescription.

10:31-10:33 - Okay. Thank you.

10:33-10:39 - To protect children from diarrhea and malnutrition, what is the most important thing to do?

10:43-10:52 - Avoid contact with animal and human feces which contain dangerous germs that make you sick.

10:56-11:09 - Normally we talk in group, but today I come to the home to sensitize Barira on hygiene and exclusive breastfeeding.

11:00-11:12 - With your permission, Sir.

11:13-11:25 - Thank you! Women are not alone, even we, men, have understood that to have a healthy strong child...

11:26-11:29 - ...attention must be given to hygiene and exclusive breastfeeding until 6 months.

11:27-11:37 - We will continue supporting you in this regard.

11:39-11:44 - THANKS

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