Responsive Feeding is Possible

0:10-0:14 - Today we are visiting the village of Guidan Alkali in the state of Guidan Roumdji, Maradi Region.

0:16-26 - We are visiting two families to see and learn about responsive feeding, and about how to actively feed a child.

1:41-1:47 - Haulatou, do you have dried powdered meat? Bring me some please.

1:55-1:57 - Here it is. Thank you!

2:41-2:44 - Husband, here is the porridge for our daughter, I would like to get ready to go to market.

2:45-2:47 - Ok. Good! I will feed the child Chima.

3:52-4:00 - Eat my daughter! Take in your hand. Take! Eat!

4:07-4:09 - Eat my daughter! Take! Ok!

4:13-4:18 - Stop crying! You will eat, won't you? (coaxing the child) Take please! Eat!

4:19-4:30 - Take please! Eat please! Ok! Eat dear! Open your mouth please.

4:31-4:44 - Please Yasiyya! Eat open your mouth...! (Coaxing the child to eat).

4:50-4:57 - I think you are tired, you rest my daughter and eat later. You are really tired.

5:01-5:06 - She actually didn’t eat well, so, you can feed her after she slept a bit.

5:08-5:11 - O! I am not happy my daughter, you didn’t eat?

5:11-5:18 - I will make sure you eat, and encourage you after you have rested.

5:39-5:43 - Who should help children in responsive feeding?

5:46-5:52 - Anyone that has the time and patience to feed a child until he or she is satisfied.

6:13-6:17 - Eat please! Eat my dear daughter!

6:20-6:22 - I want you to eat and grow.

6:22-6:27 - I want to take you to school when you grow up. Eat please!

6:28-6:30 - Eat my dear, please.

6:31-6:33 - Take some in your hand also.

6:37-6:40 - Eat please. Eat dear!

6:42-6:44 - Eat what is in your hand.

6:48-6:51 - Eat please. Put it in your mouth!
6:57-7:00 - Eat okay? Eat please!
7:01-7:05 – Eat please dear! Hmmm! Eat please!
7:19-7:22 - Husband, yes! I am going to the town. I have left food for the children.
7:23-7:30 - Samira should keep Mansur not more than an arm’s length away from herself and feed him his food from a separate plate.
7:32-7:36 - She should feed him well. Okay! See you soon.
7:39-7:43 - What is meant by responsive feeding?
7:46-7:51 - Responsive feeding means caring and coaxing a child while feeding it.
7:56-8:02 - The child should not be more than an arm’s length away from the person feeding it.
8:03-8:07 - A child should be served its food in a separate plate.
8:57-9:02 - Peace be upon you! Peace be upon you too! How are you? I am good! How is work? Work is good.
9:03-9:09 - Idi, let us go and speak with the people. They are waiting for us to have conversation.
9:10-9:12 - Well, I don’t have time now because I want to make sure the children eat their food.
9:12-9:17 - They will finish eating in five minutes and I can meet the people there after that. Okay?
9:17-9:19 - Good! I will wait for you.
9:22-9:24 - Eat the cereals with all the rest of the ingredients. Mix with the stew.
09:51-09:54 - Try to eat!
10:04-10:06 - Mix the cereal paste with beans and eat.
10:18-10:20 - Eat, don’t delay okay?
10:26-10:28 - Good Samira, has he eaten well?
10:28-10:30 - Yes, he has eaten all the food.
10:31-10:32 - Good!
10:34-10:38 - Why is responsive feeding important?
10:41-10:48 - To ensure that a child has eaten a little bit of everything and has eaten enough and beneficial to body.
10:58-11:02 - We thank God for receiving the 1000 Days message.
11:03-11: 14 - That is from day one of pregnancy until the child turns two years old.
11:14-11:18 - We should give proper care to our children.
11:18-11:25 - Children should be served food in a separate plate.
11:19-11:34 - If we don’t give our younger children their food in a separate plate, we will not be able to know whether they are satisfied or not.
11:39-11:43 - So that they will become healthy and intelligent children.

THANKS TO THE ACTORS
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12:25-12:32:
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