Hassya’s Story: Community Video for Nutrition in Niger

https://www.spring-nutrition.org/media/videos/hassyas-story-community-video-nutrition-niger

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| **Introduction (on screen):**  With support from the United States Agency for International Development (USAID), the SPRING project implemented a community video intervention to promote nutrition and hygiene behaviors in Niger.  Community members produce and star as role models in videos that present the value of for specific maternal and child nutrition practices and promote why they should be adopted. |
| **Hassya Ibrahim:**  My name is Hassya Ibrahim. I am 37 years old. I am from the village of Naki Karfi.  We started watching the videos about 12 months ago.  We saw videos on handwashing with soap.  We had heard about the 1,000 days. We didn't know what that was, but when we saw it in the videos, we understood that the 1,000 days is the period between the beginning of pregnancy until the baby is two years old.  For handwashing with water and soap, which we learned about: Before, when we wanted to eat, we didn't worry about washing our hands properly. But since we’ve adopted the practice, things are much better.  Before, when a woman gave birth, we waited 3 days before breastfeeding the baby.  When we saw the video about exclusive breastfeeding, my daughter was already older than six months, but my co-wife was pregnant. When she gave birth, I explained to her about exclusive breastfeeding, and she used the practice. |
| **Chamsya Harouna, co-wife of Hassya:**  She has informed me of exclusive breastfeeding, and I practiced it, and I have a daughter in good health. |
| **Hassya Ibrahim**:  When there is a video session and my husband realizes that I'm late, he asks me if there is not a session today. He is very pleased to listen to my reviews after each session! |
| **Ali Gondi, Hassya’s** **husband:**  She brings us messages about handwashing with soap, especially when children are going to eat. Isn't that great? And for young children, for example, those who are two or four years old, we need to set their meals apart so that everyone has their own portion. |
| **Rakya Harouna, Hassya’s facilitator:**  I have seen many changes in Hassya’s home since she has been watching the videos with us. Concerning the 1,000 days videos that Hassya watched: Before, at Hassya’s house, one would find many children without much difference in age, but now they practice birth spacing. Also, she’s regularly sweeps her compound. She is putting the things she’s learned from the videos into practice. |
| **Hassya Ibrahim:**  The program has had a positive impact and I think even if the project were to stop, the knowledge will remain and be strengthened in the community. |
| **Final credit**  This video was made possible thanks to the generous support of the American people through the US Agency for International Development (USAID) within the framework of the Cooperation Agreement No. OAA- AID-A-11-00031 (SPRING), managed by JSI Research & Training, Inc. (JSI). The content of this video is the responsibility of JSI and does not necessarily reflect the views of the USAID or the US government. |

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