**GROUP # 5, 6, 7 and 8**

**FOCUS GROUP DISCUSSION (FGD)**

**GKS, Panchayat, Nutrition Committees, AWWs**

**Purpose of the Focus Group Discussion (FDG):**

To identify barriers and opportunities to optimize hygiene, maternal nutrition during pregnancy and breastfeeding, exclusive breastfeeding during the first 6 months of life, continued breastfeeding after 6 months of life, and the appropriate and timely introduction of complementary foods starting at 6 months. To identify how best to provide advice on nutrition and hygiene in order to optimize maternal nutrition and IYCF practices between 6 months and 2 years of life. To identify topics that might be covered using the Digital Green community videos.

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Starting Time: \_\_\_\_\_\_\_\_ Ending Time: \_\_\_\_\_\_\_\_\_\_**

**District:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Block: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Name of Community/Village:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Please fill out and attach the participant register.**

**Name of Facilitator: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Name of Note Taker: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Name of Observer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **Note to the Facilitator:**  **Introduce yourself at the beginning of the session, explain who you work with, why you are here, and introduce everyone on the team who is with you observing, taking notes, taking photographs or helping in anyway.**  **Introduction:** Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I am working with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to help develop a health program in this district. We are interested in getting your views and learning about your experiences with the promotion of health and nutrition in your district and community. We are interested in better understanding what is happening within the homes in Keonjhar. This should not take more than two hours. Do not worry. There are **NO** right or wrong answers. Your ideas and answers to our questions are very important to us. You are free to join this group discussion, and free to answer or not to answer the questions we are going to ask. You should feel very free to express whatever you are thinking. Your responses are confidential and anonymous. Do you agree to join this group?  **(Introduce the others on the team.)** Do we have your permission to continue? Do we have your permission to take photographs? **(Please note if the group gives permission for taking photographs.)**  **Permission for photographs**? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Note to Note-Taker**: Try to capture the major ideas and something about the majority of participants agreeing or not agreeing. Always note the specific question that the facilitator and participants are referring to. If the facilitator asks a question that is not on the guide, note the question as it is asked and try to capture the answers. If you need more space, use the extra paper and note the name of the group and the corresponding number of the question.  **Note to Observer:** You can take notes about the answers also, but focus on the dynamics of the group and how people are reacting to the questions and to the discussion. If you can, make a note about who are the most active participants so that we can follow-up with them. |

1. ***General warm-up question about community health and information about health and nutrition:***
2. If you think of your village, or community, in your opinion, what do you think are some of the major problems or issues that affect the health of women and children?
   1. Probe: Can you tell me how big that problem or issue is here in this village? Are there other health problems in this village/community? (Who is affected? How often? How severely?)
   2. Probe: Can you list some of the problems or issues (access to foods, access to markets, access to health center, access to medicine, hygiene and sanitation)
3. ***General questions about water and hygiene:***
4. Is access to water an issue in your community?
   1. Probe: Are the mothers making any linkages between water, hygiene and their health or the health of their children?
   2. Probe: How common is hand washing, and when do these mothers wash their hands or the hands of their children?
   3. Probe: Can you help explain why hand washing is so difficult to promote and what kind of information or support is needed that might encourage mothers to wash their hands and their childrens hands, especially after using the toilet (local term?), and before preparing or eating food?
5. ***General questions about health and nutrition in the community:***
6. What might be some of the major nutrition issues in the block? (Add the name of the block depending where the FGD is conducted)
7. Probe: Have you seen a lot of people who suffer from malnutrition?
8. Probe: are some groups more vulnerable than others (women, pregnant women, young children). Who are the most vulnerable groups?

1. In your opinion, what might be some of the reasons for the nutrition issues seen in the communities?
2. Probe: The possible issues that might be mentioned include:

* Lack of awareness of what young children need to eat?
* Poor health and the issue of children not being immunized (important as we heard this is a real issue)?
* Poverty and limited access to foods a big problem?
* Traditions/taboos that prevent women and children to eat good food?
* Hygiene and if so, what (washing hands, using latrines, food preparation)

1. Are there committees in the community which address the health issues of the village? Can you please name them? Can you please describe the services that the following committees are providing:

* 1. Probe: GKS (nutrition committee): when does it meet, what does it do, who are the members, how has it helped the community?
  2. Probe: Health committee: when does it meet, what does it do, who are the members, how has it helped the community?
  3. Probe: Pan Chayat: when does it meet, what does it do, who are the members, how has it helped the community?

1. Can you please describe the services that are provided in the Anganwadi center?
   1. Probe: ICDS for the very young children (preschool)
   2. Probe: food distribution/dry ration for mothers
   3. Probe: cooked foods for young children every day (when)
   4. Probe: mother’s meeting once a month to discuss health
   5. Probe: Outreach in the afternoon, and if so what services are provided
2. In your opinion, are mothers and children attending the Anganwadi center?
   1. Probe: what do they think of the services? Is the AAW there? Is she welcoming the children
   2. Probe: is the center welcoming and clean?
   3. Is there another place for families to go when they need medical care?
3. Can you please describe what happens during the Mamata Diwas?
   1. Probe: when are the Mamata Diwas happening
   2. Probe: Describe the services (immunization, growth monitoring and counseling, birth spacing, etc.)
   3. Probe: Are people coming and if so, for which services?
4. Are there other events in the community that can help promote children’s health?
   1. Probe: are there other days organized in addition to Mamata Diwas?
   2. Probe: events that are done by the nutrition or health committee
   3. Probe: VA supplementation? Immunization campaigns?

***VI Question about the Digital Green videos***

1. Could you tell us what you know about the videos that are being shown to the self help groups in this community? What are people seeing in these videos? Do you think these videos and self-help groups are benefiting the community?
2. Which videos do people prefer?
   1. Probe: testimonials or demonstration
   2. Probe: which topics they found interesting.
3. Are there other topics you think people would like to learn about or should be promoted through videos?