**IDI # 4**

**IN-DEPTH INTERVIEW (IDI)**

**Fathers of Children under 2 years of Age**

**Purpose of the In-Depth Interview (IDI):**

To identify barriers and opportunities to optimize hygiene, maternal nutrition during pregnancy and breastfeeding, exclusive breastfeeding during the first 6 months of life, continued breastfeeding after 6 months of life, and the appropriate and timely introduction of complementary foods starting at 6 months. To identify current father’s role regarding maternal and infant and young child nutrition behaviors. To identify how best to provide advice on nutrition and hygiene in order to optimize maternal nutrition and IYCF practices between 6 months and 2 years of life. To identify topics that might be covered using the Digital Green community videos.

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Starting Time: \_\_\_\_\_\_\_\_ Ending Time: \_\_\_\_\_\_\_\_\_\_**

**District:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Block: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Name of Community/Village:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Please fill out and attach the participant register.**

**Name of Interviewer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |
| --- |
| **Note to the Inteviewer:**  **Introduce yourself at the beginning of the session, explain who you work with, why you are here, and introduce anyone else on the team who is with you.**  **Introduction:** Hello, my name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I am working with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to help develop a health program in this district. We are interested in getting your views and learning about your experiences during your baby’s first 2 years of life, and the experience of other fathers in your community. We would like to ask you some questions about your wife’s health and the health of your baby. This should not take more than two hours. Do not worry. There are **NO** right or wrong answers. You should feel very free to express whatever you are thinking.  **(Introduce the others on the team.)** Do we have your permission to continue? Do we have your permission to take photographs? **(Please note if the group gives permission for taking photographs.)**  **Permission for photographs**? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

1. ***General warm-up question about community health and information about health and nutrition:***
2. If you think of your village, or community, in your opinion, what do you think are some of the major problems or issues that affect the health of little children?
   1. Probe: Can you tell me how big that problem or issue is here in this village? Are there other health problems in this village/community? (Who is affected? How often? How severely?)
   2. Probe: Can you list some of the problems or issues (access to foods, access to markets, access to health center, access to medicine, hygiene and sanitation)?
3. When you think about **woman’s health**, what do you think women need to do to remain healthy? (Free listing, brainstorming. Interviewer listens and tries to see if women list nutrition. Write the answers in order they were given.)
   1. Probe: in the community, what are some of the major issues women face? (tired, weak, not having enough food?)
   2. Probe: do pregnant women have specific needs, if yes, which ones?
   3. Probe: do mothers of young children, breastfeeding mothers, have specific needs, if yes, which ones?
4. Do you have access to water for cooking and cleaning?
   1. Probe: How close is your water source? Is it regulated by anyone or cost money?
   2. Probe: Is it often hard to get enough water for daily use? In some seasons/times of year rather than others?
   3. Probe: What might be negative consequences of using water to regularly wash hands and dishes?
   4. What might be positive consequences of using water to regularly wash hands and dishes?
   5. Do you think that handwashing keeps people from getting sick/keeps children and families healthier?
5. ***Question about households’ dynamics*:**
6. Can you please describe who lives in your family? How many people live under one roof?
7. ***Questions about work:***
8. Let’s now talk about **your wife**; can you please describe all the activities/chores she has to do in the family? Let’s use one day as an example and let’s describe what your wife typically does.
9. Probe: Amount of activities and type of activities (cooking, field work, getting water, harvesting)
10. Probe: Time spent on work (when does she start working, when does she stop)
11. Probe: Time for rest
12. Probe: Time with children
13. Probe: Time with other women besides her mother in law
14. How do you think all these activities impact the health of your wife?
    1. Probe: Is she tired due to the work?
    2. Probe: Is she ill at times?
15. Now let’s discuss when your **wife is pregnant** or is **home with a brand new baby**, how do you think her pregnancy/new birth may affect what she does in the house and outside the house?
    1. Probe: Possible change? (or not)can she do all the work she used to do? If not why?
    2. Probe: If there is a change (she cannot do as much) who helps her with her activities?
16. ***Nutrition specific questions:***
17. Can you please describe who cooks in your family and how people eat their meals (together, or men first, then women then the cook)?
    1. Probe: Who sits together? What’s the order: who eats first, next, last
    2. Probe: who decides who is cooking (does it ever change or is it the same person in the family?)
18. How does your wife/the cook organize herself for the meals. How does she know how much to cook and what to cook?

* 1. Probe: If yes, how does she decide **what** to cook and how much to cook
  2. Who buys the food or decides what to grow to eat?
  3. Probe: Does the cook/your wife have different eating habits or order than others in the family?

1. Is there ever a shortage of food in your house? If so, who eats less or doesn’t eat at all when there isn’t enough food?
   1. Probe: How often does this occur each week? Does this happen more in some seasons than others?
   2. Probe are there certain times that a woman should be more mindful of what she eats? (Probe Why for each time) (probe: pregnancy and also when she is breastfeeding)
2. If it happens that your wife doesn’t have enough to eat after everyone else has eaten, what do you think you or other family members could do to help?
   1. Probe: can mother in law save/put aside some food to make sure woman has food to eat?
3. Are there certain foods that women should or should not eat during different times in their pregnancy or if they are breastfeeding?
   1. Probe: Do you believe in the idea that there are cold foods and hot foods?
   2. Probe: Which foods are warm and which foods are cold?
   3. Probe: When should each of the foods be eaten or avoided for women?
4. ***Child Health***
5. When you think about the health of young children, what do you think these children need to remain healthy? (Free listing, brainstorming. Interviewer listens and tries to see if women list nutrition. Write the answers in order they were given.)
6. How does your wife feed your young children?
7. In your opinion, when should young children receive other foods than breast milk? When should young children start receiving other foods or liquids than breast milk?
   1. Probe: timing: 6 months?
   2. Probe: earlier? Some women give food earlier
   3. Probe: later: some traditionally wait for one year
8. What are the typical foods for young children under two years of age?

1. Who makes decisions regarding how the children in your family are fed? Does your wife decide or do you decide? Do you talk together about how the children are fed?
2. Do other people in your community influence how or what you feed your children? Who are those people and how do they influence feeding/nutrition?

***IV.* Question about the Digital Green videos**

1. Could you tell us about the videos you or other people in this community are watching? What are people seeing in the videos?
2. Which videos do you like the best or do you think other people like best?
   1. Probe: testimonials or demonstration? Why?
   2. Probe: which topics do they find most interesting? Why?
3. Are there other topics you think people would like to learn about through videos?