

Adapting Nutrition-Sensitive Agriculture Training Resource Package for the Kyrgyz Republic

Aida Shambetova, SBC Specialist, SPRING/Kyrgyz Republic

SPRING Webinar

May 24, 2018



Project Overview

- Seven year centrally funded USAID project
- 2014 – 2018 in Kyrgyzstan
- Goal: Improve nutritional status of children under two and women of reproductive age in the Kyrgyz Republic
- Increase uptake of 11 evidence-based practices and services
- Multichannel approach: community, facility, policy



Kyrgyz Republic

- Lower-middle income country in Central Asia (former Soviet Union)
- 99% literacy rate & 92% achievement primary education
- Stunted: 18% of children under five
- Overweight: 31% women of reproductive age
- Anemia: 43% of children 6 to 59 months and 35% women of reproductive age

Source: 2012 Kyrgyz Demographic and Health Survey



Workshop Objectives

- Have a clear understanding of the key contributors to malnutrition in Kyrgyzstan.
- Understand how agriculture can contribute to nutrition using the agriculture to nutrition pathways
- Apply the agriculture to nutrition pathways to define key nutrition-sensitive agriculture practices appropriate to the local context.



Successes

- The training was multi-sectoral.
- The workshop helped to create a shared understanding of goals, activities, and essential concepts.
- The participants learned about the nutrient content of various locally produced and available foods.
- Participants gained a thorough understanding of the concepts of nutrition-sensitive and nutrition-specific interventions.
- Participants gained access to a wide range of educational and training materials and online resources.



Challenges

- Difficulties with translating the terminology, definitions, and concepts into the local language.
- Short training time of two days.
- We do not have enough time to follow up with the university and provide additional support on integrating nutrition information into the curriculum.
- Some participants had little understanding of the nutrition situation in the country.
- Outdated information from old textbooks and scientific papers is well-entrenched among the senior faculty members.





For more info, please contact:
ashambetova@spring-nutrition.org



www.spring-nutrition.org